

Northern First Nations Community Wellness Grants 2018/2019

Northern Health (NH) and the First Nations Health Authority (FNHA) are offering Wellness Grants for a maximum of \$5,000 to support Indigenous communities and/or organizations (First Nations, Inuit, Métis) working to improve health and well-being.

Eligible applicants:

- Located within Northern BC (NH & FNHA Northern Region);
- Indigenous community or organization (First Nations, Inuit, and Métis).

IMPORTANT DATES

Call for applications released:
October 11th, 2018

Deadline for applications:
November 22nd, 2018

Funds must be used prior to:
April 30, 2019

Applicants are encouraged to submit prior to the deadline.

Successful applicants will be notified in November 2018.

Applicants must complete the attached [2018/2019 Wellness Grant Application](#) and submit by mail, email, or fax.

Mail: Northern Health
Indigenous Health
600 - 299 Victoria Street
Prince George BC V2L 5B8

Email: Indigenous.Health@northernhealth.ca

Phone: 250-649-7226 **Fax:** 250-564-7198

For more information and to submit completed applications via mail, email or fax; contact Northern Health's Indigenous Health Department.

WELLNESS GRANT CRITERIA

Projects must support **community-based initiatives** that focus on **holistic health and wellness** and one or more of the following priorities:

- **Cultural Safety**
- **Primary Care**
- **Mental Wellness & Substance Use**
- **Population & Public Health: community wellness activities**

Preference will be given to projects that:

- **Support collaboration** by encouraging different groups to work together towards a common goal such as community members (youth, families, Elders, etc.), health staff (Band, NH, FNHA), physicians, Aboriginal/Indigenous Health Improvement Committees (AHICs/IHICs), other communities.
- **Support health and well-being** by combining Indigenous Wellness approaches with current health care approaches.
- **Builds healthy relationships** and enhance how people connect with each other, their families and their community (e.g. community holiday gatherings).
- **Capacity building and training** of local communities and Indigenous staff.



First Nations Health Authority
Health through wellness



northern health
the northern way of caring