

COMMITTED to CULTURAL SAFETY

for Indigenous Peoples in the Health Care System



Declaration of Commitment

In 2015, all BC Health Authorities signed a Declaration of Commitment to advance cultural humility and cultural safety in the health system. In 2017, 23 health regulatory bodies in BC also signed the Declaration of Commitment.

The goal of cultural safety is for all people to feel respected and safe when they interact with the health system. We want people to access the care they need when they need it.

We all share a responsibility to provide the best quality care possible. Cultural humility and cultural safety are an important part of quality health care.



Poster #1 of 4. Look for the others!



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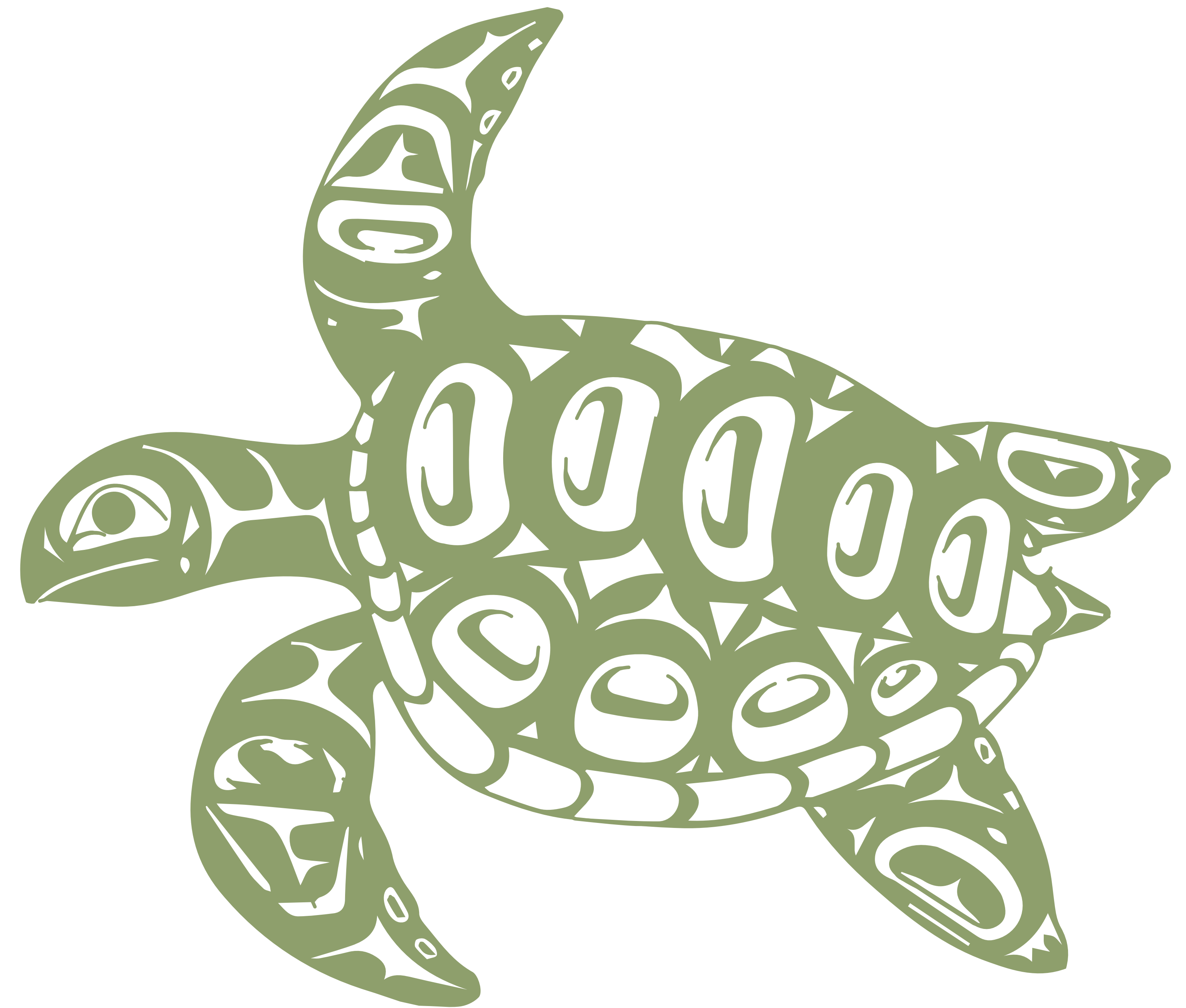


Cultural Humility

Cultural humility is a lifelong journey of self-reflection and learning. It involves listening without judgment and being open to learning from and about others. It involves learning about our own culture and our biases. Cultural humility is a building block for cultural safety.

Cultural Safety

The goal of cultural safety is for all people to feel respected and safe when they interact with the health system. Culturally safe health services are free of racism and discrimination. People are supported to draw strengths from their identity, culture and community.



Poster #2 of 4. Look for the others!



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Culturally Safe Health Systems

Many factors contribute to a culturally safe health system, including:

- training on cultural safety and humility;
- reviewing and developing organizational policies for cultural safety;
- articulating a clear and accessible complaints process;
- fostering a commitment to evaluation, reporting, and continuous improvement of cultural safety and humility across the system;
- ensuring organizational definitions of quality care, and plans to deliver quality care, include cultural safety and humility;
- making efforts to ensure the workforce representatively includes Indigenous leadership and staff across all levels;
- ensuring physical environments reflect local Indigenous communities and cultures;
- supporting commitment by organizational leadership to cultural safety and humility; and
- partnering with local Indigenous communities and organizations.



Poster #3 of 4.
Look for the others!



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Culturally Safe Practices

We all share a responsibility to develop culturally safe practices with Indigenous people. Having culturally safe practices means that you:

- recognize and learn about the role of history and culture in shaping health and health care experiences;
- foster caring relationships with the people you serve based on mutual respect and trust;
- increase your understanding of what wellness means for the people you serve;
- engage in self-reflection to learn about your biases and assumptions;
- reflect on the inherent power dynamics in the health care system; and
- honour people's experiences of the health care system.

Poster #4 of 4. Look for the others!



First Nations Health Authority
Health through wellness



northern health
the northern way of caring



First Nations
Health Council

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